

brisbane**smiles**

TEETH WHITENING



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brisbanesmile.com.au

"TEETH WHITENING IS AN EFFECTIVE WAY OF ENHANCING AND BRIGHTENING YOUR SMILE INSTANTLY"

At Brisbane Smiles we use the Zoom Teeth Whitening System because:

- **Comfort** - At the Dentist - Teeth Whitening is Safe and Comfortable
- **Compliance and Convenience** - Good Results with minimal time required
- **Cost** - Best results, cost effective and long lasting

Who is whitening for?

Anyone over 18 years of age is a candidate, however any visible fillings, crowns, or veneers will not respond to whitening. Our Dentists perform Free Whitening Consultations to ensure you are suitable and healthy and will get a great result. Of course, before the whitening procedure you need to have clean and stain-free teeth with healthy gums. Having your hygiene clean done one to two weeks prior to whitening will ensure this.

The Process:

1. Zoom In-Surgery Teeth Whitening

A two hour visit with our Hygienist and your whitening is complete. Zoom utilises an intense light which activates the whitening gel in three processes of 15 minutes duration.

A Complimentary PolaDay Whitening Kit ensures you can fortify and maintain the colour changes in the future by wearing the trays and PolaDay Gel at home for one to two hours per day for two to three days after your 6 or 12 monthly cleans at the Dentist.

2. Home Whitening Kit

Using very thin mouthguard trays made from moulds of your mouth with PolaDay Whitening Gels at Home you can whiten and brighten your smile. Home Whitening is not for everyone because after each application of whitening solution you will experience a degree of teeth sensitivity and it takes time! The sensitivity decreases rapidly, gone after 24 hours, is not painful, it is more like an increased awareness of your teeth. The gel and trays are applied twice a day for one to two hours for 10 to 14 days.



Home Teeth Whitening Trays

THE LONG-TERM ADVANTAGES ON OFFER:

Brisbane Smiles White

Free Touch-up Teeth Whitening Gels

At each Dental Cleaning Appointment you receive a touch-up Whitening Gel Tube

This offer is for all patients who have had Zoom Whitening at Brisbane Smiles and you must attend Brisbane Smiles for cleans at a minimum every 12 months for this offer to continue

TEETH WHITENING – FREQUENTLY ASKED QUESTIONS

What appointments are required?

1. A complimentary Whitening Consultation
2. Teeth Cleaning to maximise your Whitening Result, and impressions can be taken to construct your home whitening trays. Teeth cleaning is an additional cost to whitening
3. Zoom Teeth Whitening will take less than two hours
4. Follow up of home whitening with Brisbane Smiles White.

What is Zoom Whitening?

Zoom is a patented whitening system used by dental practices to instantly whiten teeth. A whitening gel is placed onto the surface of visible teeth and a light activates the gel to instantly dissolve and remove stains built up deep inside the pores of your teeth.

How long will my whitening last?

Teeth Whitening results usually tend to fade anywhere between one and five years depending on your care and diet following whitening (and depth of whitening achieved). Our Brisbane Smiles White program maintained properly with dental cleaning and complimentary touch-up Whitening Gels will maintain your results year after year.

Is this a painful procedure?

- All Teeth Whitening procedures will result in some mild discomfort/sensitivity for up to 24 hours after the whitening process
- This sensitivity is usually temporary and managed with mild pain relief tablets and tooth gels

Will whitening damage my teeth?

No, it just dissolves the stains inside the pores of the teeth.

Before Zoom Whitening



After Zoom Whitening



Individual Results will vary



brisbane **smiles**

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